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# selfbuilder homemaker

**NOV/DEC 2022** 



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Based on internal testing on an EHS Mono HT outdoor unit (AE120BXYDGG), compared to a conventional EHS outdoor unit (AE120RXYDGG). Results may vary depending on the actual usage conditions

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# FROM THE EDITOR...

As well as the usual great array of self-build case studies to get your teeth into this issue, we continue our new series of Selfbuilder Diaries, which takes a potted look at a project – from the owner's viewpoint.

These pieces provide some fantastic first-person insights into what it's like to pursue your own self-build dream, which is always a tale of highs and lows. This issue, we are happy to include a Selfbuilder Diary penned by Isle of Wight dwellers Laura and Jamie Currie.

This driven pair have worked incredibly hard so far on what looks like it will be a stunning home, overlooking the sea, and they admit they've enjoyed some boozy evenings with friends along the way to reward themselves!

Laura and Jamie show that if you have the right attitude (as well as the resources of

course), it is possible to design and build your dream home while maintaining your day jobs. And recent developments, like the advent of Zoom meetings, have actually helped them along the way.

We wish them well. Please email if you'd like a Diary of your build to be featured in the magazine – jparker@netmagmedia.co.uk

**JAMES PARKER** 



### DATES FOR YOUR DIARY...

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# NATIONAL SELFBUILD & RENOVATING SHOW

27 - 29 JANUARY, SWINDON WWW.NSBRC.CO.UK/WHATS-ON



### ON THE COVER...

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# selfbuilder bianes

We are Laura and Jamie Currie from the Isle of Wight, and we recently embarked upon our first renovation in Gurnard near Cowes, which we are project managing around our day jobs!

e've always lived on the island, but in 2019, along with our two daughters, we decided that we wanted to live closer to the sea. The perfect renovation project was sitting just metres away from where Jamie grew up, with the added bonus of some stunning sea views.

We finally moved in to what would be our new home in mid February 2020, just a matter of weeks before the first lockdown. We achieved planning permission (thanks to our architect Colman at Modh Design), for a project to turn the chalet bungalow into a four-bed house, with an office/gym, large downstairs family room and an upstairs lounge plus a balcony with views over the Solent.

Due to the size of the rear ground floor extension we knew we would need to undertake any major works in the back garden before we started the bungalow renovation. The previous owners had a fishpond and a large shed in the sunniest part of the garden, but we had different ideas. We started work a year after we moved in, in February 2021, and had hoped to have the garden finished by May, however it took until mid September to fully excavate and turn it into what it is now, an amazing space for entertaining with a sun terrace and an outdoor kitchen with a handmade Spanish 'Fuego' wood fired pizza oven. It is our favourite part of the garden and we get so much use out of it, assisted by



an outdoor beer and wine fridge and an American 'Pit Boss' barbecue.

We used the time that the work was taking place in the garden to have the footings put in for the rear extension. This meant we wouldn't need to have further plant machinery in the garden once it was complete; we then turfed over it for a year.

We had a bit of a break from building works, and spent this summer enjoying the garden we had worked so hard on with several boozy evenings with close friends and family. We waited until the start of September to start the renovation on the bungalow; this gave us the time to plan the build, and to make some vital – and exciting – decisions.

### KITCHEN DECISIONS

The first decision we made was on the kitchen; it was our aim to have a big space for entertaining downstairs. This meant the kitchen would be the focal point, so it was where we decided to focus our thoughts. We wanted something extra special, so chose to have it bespoke designed and built by Design Interiors, who are based in Hove on the south coast. We visited their designers a couple of times in the summer; they were meetings that we found to be invaluable as they led to complete changes to the shape of the kitchen.

We were able to tweak our plans and remove a structural pillar to open out the area – without the insight from our designers Tim and Mike we wouldn't have been able to create such a large space. The rest of the decisions were finalised on Zoom; it was actually a great way to discuss the finer detail once the kitchen was designed.

### **WORK/LIFE BALANCE**

We have been incredibly lucky as we were able to move into our next-door neighbour's house whilst we undertake the main construction work, and thus living 'onsite but not onsite' – such a

The garden is now an amazing space for entertaining, with a sun terrace and an outdoor kitchen with a handmade Spanish wood fired pizza oven





bonus. We moved out just as our 'tin hat' scaffold wrap started to be erected.

Being so close to the site means that we can put a few hours work in after we both finish our day jobs, but still be able to have some time to relax.

We are trying to do as much as we can ourselves not only to save money to spend on other areas as we have a very tight budget but also as we really enjoy the project and the rewards it brings. We are building our house as a 'team' and investing our time in our forever home – these will be things we look back on in years to come.

We chose to have a scaffold wrap on the bungalow to keep it watertight and weatherproof as we don't want the weather to affect our schedule, as we need to be able to move back in early in the new year. It won't be a fully completed house, but nearly – that's part of the adventure though. Mother nature showed us very quickly that the tin hat was worth it, from the day we took the roof off it rained non-stop for the best part of two weeks!

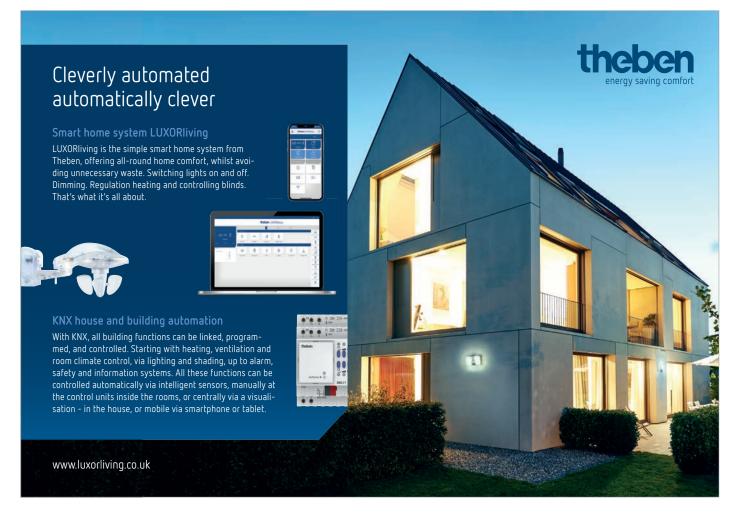
The demolition has happened so quickly, we can't believe how much the bungalow changed in such a short space of time, work is slower now as we are at the painstaking stage of cutting in each window and door, so the changes aren't as dramatic as they were recently. The steels have been ordered, and once they arrive onsite we hope to start seeing the rebuild take shape.

In terms of next stages, we are very

The rest of the decisions were finalised on Zoom; it was actually a great way to discuss the finer detail

much looking forward to seeing the black zinc roof go on, it's so striking and will be a huge landmark point in the build. Then later on, when we are at fit out stage, we are both really looking forward to seeing the kitchen and bathrooms come together, and obviously getting to move back in to our dream home!

We have been documenting our build on Instagram (@little\_gurnard\_padso). We created an account that we can look back on and see how far we have come, but if you are interested, you can follow our progress there.





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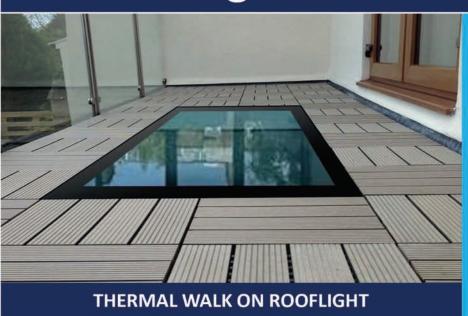
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# Insuring peace of mind



Jake Fitness from Self-Build Zone answers some FAQs on how to choose the self-build insurance you need



# WHEN DO YOU NEED TO INSURE YOUR PROJECT?

As soon as you have completed the conveyancing and bought your plot. The moment you become a landowner, you're liable for what happens on your land.

This is the case whether you're ready to build now, or at some future stage. Technically, this means you've assumed liability for everything on it. The 'it will never happen to me approach' won't help you if problems occur, so it's vital to ensure you're protected from day one.

# WILL MY CURRENT INSURANCE COVER THE NEW BUILD IF I LIVE NEXT DOOR?

This is a common misconception; don't assume that your current household policy will cover you. If the plot is registered separately then it won't be part of this policy. You therefore need to make sure that you have adequate insurance cover against any claims that might be brought against you.

Be thorough when checking this out: apart from the actual legal liability for accidents or other issues, you need to ensure the costs incurred in defending any actions are also covered. We live in an increasingly litigious world, and defending claims can be a lengthy and expensive process.

### WHAT TYPE OF POLICY DO I NEED?

In most cases, you'll need what is known as a landowner's liability policy. However, circumstances vary and it's important you check that your exact requirements are covered. Be aware that these could well change over time, and you may need to adapt the product you've





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purchased, or switch to a new, more appropriate policy.

The best way to understand how your cover needs could change is to look at a typical self-builder's journey. There's likely to be a delay (which could be several weeks, months or longer) whilst your scheme is drawn up and full planning permission obtained. During this time, you will need to carefully consider the potential risks on the plot. Are there any derelict buildings, walls or other structures on the site? What about lakes, ponds, dried-up wells or potentially diseased trees? All of these could present a liability risk if trespassers – particularly children – gain access to your land.

This is important even with buildings

that have little or no value, such as those you intend to demolish at some point. If someone was to be injured as a result of a structure's derelict state, then as the landowner you may be liable to compensate them.

## WHAT IF I NEED TO START PREPARATORY WORKS?

Whilst you wait for your planning consent to come through, you may decide to start preparing the land to build on. Shrubs and trees may need to be cleared (being mindful of any tree preservation orders or other issues highlighted in the TA6 property information form you were presented during the sale process). You might also want to demolish any existing

structures on the land using special plant and machinery.

If this is the case (or the conditions above such as derelict buildings or other features apply), you will need more than a simple landowner's liability policy. This type of insurance typically excludes cover for work being carried out on a plot (let alone for protecting any equipment).

### WHY A SITE-SPECIFIC POLICY?

When you realise that a landowner's liability policy won't be adequate, you will then need to consider purchasing a site-specific insurance policy (from a reputable provider backed by A-rated insurers). This will offer protection for the works, as well as covering your liability for anyone assisting on the project. It can also include any machinery, plant and equipment you purchase or hire.

### PROTECTING THE BUILD

Once construction is underway, site insurance will also cover your partially built home as it progresses – together with the materials, equipment, fixtures, fittings etc. Remember that these policies are normally sold for time-limited periods (typically 12, 18 or 24 months), so it's worth putting a reminder in your calendar to extend them if you've not completed the scheme within that timeframe. Some providers offer automatic alerts to advise you when your policy is about to end.

# WHAT ARE SOME TOP INSURANCE TIPS FOR SELF-BUILDERS?

Don't assume there's no risk – and therefore no liability – just because you have an empty plot with no works underway.

Also, remember you may not need specific site insurance straight away. To determine which product is best for you, all you have to do is identify when works are likely to start, and what they'll entail. If it's going to take a long time before you start the build, it may be cheaper to take out landowners' liability cover.

To conclude, remember that as you are liable for what happens on the land from the moment you become the owner, without the correct insurance cover in place you're leaving yourself at risk of your dream home project turning into a nightmare.

Jake Fitness is team leader at Self Build Zone





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# SAVING GRACEFULLY

Reusing and recycling materials can save huge amounts of energy, as well as costs. Looeeze Grossman explains why refurbished kitchens can be attractively sustainable options



here's no doubt about it, kitchens are expensive. They're also, usually, the heart of the home and used daily for everything from baking with the kids to cooking elaborate meals or simply making breakfast. Therefore, they need to be built to last and able to withstand a huge amount of traffic and use; when you think of it in that way, it's not surprising how expensive they are.

With a world of choice from designer showrooms through to high street giants and DIY stores offering kitchens for every budget, you'd be forgiven for thinking these were your only options. But ex-display, or even second-hand kitchens are a viable choice.

Not only will you be saving a kitchen from ending up in landfill, but you'll also be saving a pretty penny or two. Ex-display kitchens can be picked up for around 70% off RRP. Used kitchens can start from as little as £1500 and often include worktops and appliances. A great buy, particularly as a single run of new quartz worktop could easily set you back over £2k.

### THE SUSTAINABLE CHOICE

You'll often be able to pick up a designer or high-end kitchen for the same budget as a DIY store alternative, meaning you'll get better quality, a higher level of craftsmanship, and top-name appliances all included.

And this saving can be considerable, meaning you'll be left with plenty to update your appliance package, that's if your used or ex-display kitchen doesn't already come with them included.

With consumers becoming increasingly aware of the sustainability credentials of their homes, buying used or ex-display is a win-win concept, as not only are you getting so much more for your money, but you are also doing your bit for sustainability at the same time.

You'll also not be on your own in the process if you work with a specialist. It can be daunting working without a designer, but by working with an expert you can get everything you want for your new kitchen, and often much more. Plus you'll have the reassurance you haven't missed any of those essentials



or not left yourself enough space around your island.

Buying a second-hand painted wooden kitchen offers up a host of possibilities. The structure can be very durable and long-lasting, and the beauty of wood is that it can be repainted again and again to suit different colour schemes.

### **UPDATE THE DETAILS**

One of the cheapest and easiest ways to give your kitchen a wow factor is to update the details. You can totally transform the kitchen with bespoke handles and designer taps. A hot water tap, and an easy-use hose-style tap will



elevate any kitchen, as well as giving your kitchen extra functionality.

Changing the colour of your taps and handles can also instantly make your kitchen seem more modern. A sleek black handle and matching taps teamed with chic accessories like a utensil pot or even your small kitchen appliances will bring everything together and instantly transform the space.

Backsplashes have also moved on from their classic tiled look. You can now get beautiful vintage mirrored splashbacks, resin, ceramic or stone all crafted to look seamless. No more cleaning grout or worrying about whether the sealant will

crack; modern splashbacks are now built to look seamless, chic and expensive.

And don't be afraid to add in a patterned or veined splashback, adding that extra pop of detail or colour will add interest to the space. It can also often give you a key colour to pick out and use in your bar stools or blinds.

### CONSIDER DECORATING, LIGHTING & PLUMBING

It's also important to think about all those added extras which come with renovating your kitchen be that simply painting the walls through to laying new flooring. All of these need to be factored into the

design and added to the overall budget. Lighting is also a big consideration, especially if you're installing an island and want to include a feature light. If re-wiring isn't an option, opt for battery-powered LED lighting which works with a remote. You'll have the same great effect without a huge electrician or electric bill.

By blending a mix of old and new, existing with renovated and clever cost-saving design 'hacks' you'll be able to achieve a great kitchen renovation, without costing the earth.

Looeeze Grossman is founder and CEO of The Used Kitchen Company

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# INTERIOR INSPIRATION: ECO PRODUCTS

As we all continue to pursue more sustainable ways of living, here we have rounded up some products that combine elegant design with eco-friendliness, which we hope will prove inspiring in your project decision-making



1. LifestyleGarden's Bistro Dining Furniture has been created in a "uniquely sustainable" way by using ethically recycled Social Plastic from Plastic Bank. Social Plastic is ethically recovered plastic which helps fight ocean pollution, while simultaneously improving the lives of those who collect it. The dining set is priced at £299. www.lifestylegarden.co.uk







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2. The Play Radiator sits within The Radiator Centre's efficiency range of radiators, but it is more than just good for your heating bills. The fun, painted MDF panels with pencil proof grille, integrated TRV controls and hidden valves make it ideal for a child's room. Price: £1105.

www.theradiatorcentre.com

3. Manufactured in Great Britain, the Velvet Large 3-Seater Sofa by Rockett St George has been handcrafted and acquired from sustainable sources to create an "investment piece to treasure forever in your home." The sofa is 100% foam free, instead it uses an insulated fibre which is made from recycled plastic bottles. Price: £1895.

www.rockettstgeorge.co.uk

**4.** This **Recycled Rubber Planter** by **Primeur** is manufactured from 100% recycled rubber tyres, making this a "truly sustainable choice." Resistant to crack, rot, frost, UV or other extremes of weather, the planter is suitable for use indoors or outdoors. It is priced at £38.99.

www.primeur.co.uk

5. Fill your home with warmth and well-being with the Beaumonde Le Feu Bio-Ethanol Modern Fireplace. An easy to install floorstanding flue-less contemporary fire from this Danish lifestyle brand, it runs on clean and smokeless liquid fuel "ecofriendly." Suitable as an indoor or outdoor fireplace.

Price: £1595.

www.beaumonde.co.uk





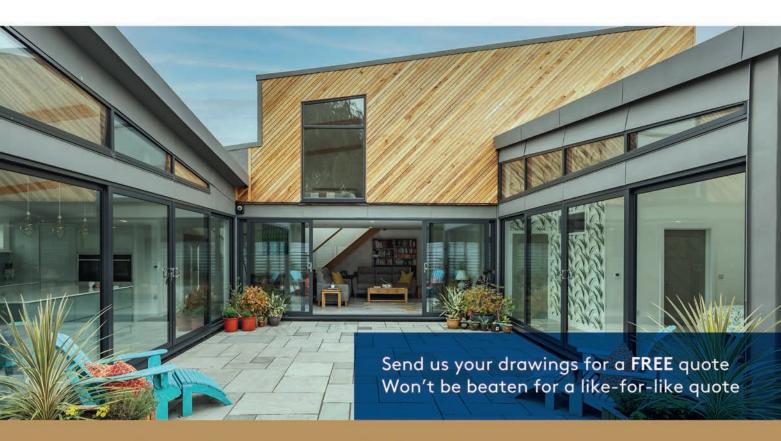




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# THE BEST LAID PLANS

Getting a contemporary bungalow design in south London through planning proved to be a nightmare for Giancarlo Rubano. However, with a combination of his dogged determination, support from parents and architects, and some design compromises, he succeeded

TEXT TOM BODDY IMAGES LUKASZ WIELKOSZYNSKI & BOLANS ARCHITECTS



Whith a project that faced a litany of challenges during both planning and construction, Giancarlo Rubano's self-build experience turned out to be a long and exhausting journey. But despite that, he and his architects have achieved an unconventional, cleverly designed bungalow that occupies a tight infill site in Giancarlo's parents' backyard in Forest Hill, south London.

Centering around a small but unique courtyard, the building's design is filled with sustainable technologies, abundant glazing, and a green roof.

Since Giancarlo's parents moved into their

house, which is just a stone's throw away from the site, in 1977, it had been their dream to build a new home in their back yard – and a major reason for purchasing the land in the first place.

Their lack of success wasn't for the lack of trying; in the 90s they submitted plans to build a two-storey home of standard design, but these were rejected, and the dream was put on the back burner. "Looking back now, I can understand why it didn't get through planning," recounts Giancarlo, "it wasn't the most attractive looking property." Instead, the family settled for a double garage.

### **HIGH POINT**

"Achieving planning was a massive relief for us all. But also seeing the green roof go up, that was beautiful"







Two decades later, the idea of building on the land began to build momentum again. While exploring the idea of buying a house, it was always in the back of his mind to build something near where he grew up. "I knew it would cost me less," he explains, "and I stuck with that mindset; it stopped me from buying elsewhere."

With his parents, he approached local practice Bolans Architects. There were no specific prerequisites, but Giancarlo did want an open plan kitchen and front room, with a generally modern and minimalist design, and outdoor space with seating. Also, with climate change in mind, he was keen to explore different sustainable designs. Other than that, the architects were given free rein.

Classed as a 'backyard development,' the plot is surrounded by 23 houses and a church. Avoiding disruption to these close-by properties was always going to be tough, and even though previous applications had been denied, Giancarlo and his designers were up for the challenge.

### PAINFUL PLANNING

Unfortunately, no one foresaw just how big that challenge would turn out to be. Hamstrung by a series of delays and local objections, as well as a stubborn planning authority that refused to be flexible, achieving consent ended up taking almost two years.

The original designs submitted included a two-storey structure which "worked really well," explains Giancarlo. But as the council were adamant that any such volume would disrupt views of the church, the plans were abruptly thrown out. The designers then evolved the scheme into a one-storey three-bedroom bungalow with a central courtyard, however, due to several reasons but principally outlooks

from the bedrooms, this was also rejected. Among the other constraints were a bigger courtyard, and a two bedroom limit: "I think in the end there were about 18 conditions for the bungalow; they really didn't want this property built," says Giancarlo.

But with a determined architect at the helm combined with Giancarlo's own strength of will, they eventually achieved a design which the planning officers were happy to recommend. However, after months of not hearing anything following their submission, the project went into 'non-determination' limbo. "It was a nightmare," Giancarlo remembers, "I had to hire a lawyer to expedite the process."

Sitting in its last chance saloon, the fate of the project was in the hands of a local planning committee, and it came down to a single vote. After almost two years of redesigning and rejigging, the team finally secured the elusive planning permission. "It was a massive moment for us – it even gets me emotional thinking about it now."

Giancarlo summarises the challenge he faced: "If you don't have a progressive council, it can be very hard to try and design something different like this."

### **CONSTRUCTION CHALLENGES**

You would hope that after such a lengthy planning process, the build itself would have been an easier journey. But as many self-builders will attest, that's rarely how it works.

Instead of a self-build mortgage, the project was directly funded by Giancarlo and his parents. Looking back, he now admits that a mortgage route with money released in stages may have been "a more controlled way" of financing the build. "If you're funding it yourself, it can be quite hard to stay on track."

To ensure Giancarlo found the right contractor,

### **LOW POINT**

"Parting with the first contractor. In your head you think if you're good to people and help them, they'll return it. It's not always like that."



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he visited several builds and renovations to validate their previous work. However, this was far from plain sailing.

One builder, who a family member "raved" about, formed a good relationship with Giancarlo and submitted a bid which was "considerably lower" than other submissions. He admits that "this should have resonated that something's not right," but adds, "at the time I thought even if we hit an issue, we should have enough money left over to cover it."

To minimise the impact on the views of the church for nearby properties, the bungalow had to sit two metres below ground level. Colossal amounts of soil had to be transported to the bottom of Giancarlo's parents' driveway, a volume of earthmoving which the builder "completely underestimated." With access being very tight, the only solution was to remove a wall in his parents' home to allow grab lorries to squeeze through. "The moment you start digging up the earth, the cost starts going through the roof!" exclaims Giancarlo.

The site's location proved a challenge again when it was discovered that connection to the sewage main wasn't possible – the only solution was to install its own pumping system. As part of getting the scheme through planning, they also required that a water fire sprinkler system be included. Giancarlo explains that while it "completely protects the home," a one-tonne water tank was needed for it to function, which "cost a load of money."

Despite these myriad headaches, the resulting structure and foundations are "really well engineered," says Giancarlo happily. The home is "basically sitting in a concrete egg crate," supported by steel beams with "massive retaining walls."

The nature of Giancarlo's job (working for

broadcaster Sky) means he doesn't work standard 9-5 hours, and this allowed him to be onsite regularly to see how the build was progressing. However, he was able to witness the results of an issue with the glazing company he had specified for the contractor to use. They were hit with delays, and without the glass, the project couldn't proceed. "With all the contractor's employees sitting around, he started another job elsewhere."

The period after the glazing finally arrived onsite and the contractor returned to the job was where the project "lost its momentum," says Giancarlo, explaining that "there was a lack of focus." In addition, his builder wasn't up to scratch

Not only did people stop turning up, but he also says that the quality of the finishing was "appalling" in places. After months of stressful experiences with the builder, the relationship started to deteriorate, and Giancarlo was forced to end the contract. "It's hard because you get close to people and seeing they hadn't done the level of work that I trusted them to deliver warps your view of the world – you lose trust."

Fortunately for the team, a new contractor along with his electrician brother took over the project and managed to fix the majority of the issues that were left behind. "The pair of them saved my house – and we're still friends now!" says Giancarlo.

### **DESIGN & LAYOUT**

Despite this project's extremely challenging planning and construction phase, the completed two-bedroom bungalow comprises an elegant, neatly formulated design.

Considering the home was in a tight, overlooked space, the exterior had to be carefully considered. As well as digging two

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| IG3500AF | 3400W         | 2       | 35           | £409.00     | £490.80     |
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|-----------------|-------------------|---------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
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| 258             | 11.0m             |                                                               |                                                                                                                                                                                                  |
| 140             | 7.0m              | £119.98                                                       | £143.9                                                                                                                                                                                           |
| 290             | 9.5m              |                                                               |                                                                                                                                                                                                  |
| 430             | 13m               | £389.00                                                       | £466.8                                                                                                                                                                                           |
|                 |                   |                                                               |                                                                                                                                                                                                  |
|                 | 258<br>140<br>290 | Max Flow Max<br>LPM Head<br>258 11.0m<br>140 7.0m<br>290 9.5m | Max Flow         Max           LPM         Head         exc.VAT           258         11.0m         £89.98           140         7.0m         £119.98           290         9.5m         £249.00 |



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| • 180mm oblade • Tat<br>bevel cutti<br>cut: 35mm<br>at 45° | continuous<br>ole tilts up<br>ng • Max | s rim dian<br>to 45° fo<br>depth of | nond    | ETC8    |



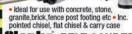






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| 9            | Model                        | Motor          | Disc<br>Size | exc.VAT | inc.VAT |
| 9            | CON14110                     | 1800W          | 355mm        | £149,98 | £179.98 |







| Model       | Motor | M/Min  | exc.VAT | inc.VAT |
|-------------|-------|--------|---------|---------|
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| diameter       |          | V1A           | HIP     | PO 2   |
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metres below the neighbouring garden, it is topped with a butterfly-shaped green roof that almost camouflages the structure, while giving a boost to local ecology. "In summer it's filled with bees and insects," explains Giancarlo, "I've even seen foxes, cats, and squirrels up there, and it looks beautiful!"

The neighbours have also expressed their fondness for the new addition, with one woman admitting "she sometimes just sits there and stares at it to see what's going on."

Adding to its sustainability credentials, an Ecodan air source heat pump powers the underfloor heating in all rooms of the home. "It's reliable, and as I'm putting energy back onto the grid, I get money off my bills every quarter!"

Helping the building further sit comfortably within its context, the red brick exterior nods to surrounding structures. The landscaping outside the kitchen has been left natural. "When I was growing up, this area was like a wild garden and I have a lot of memories of playing in it, so part of me would like to keep it like that," explains Giancarlo.

The minimalist interior is suffused with greys and whites with sporadic 'pops' of colour here and there. Upon entering through the thick timber front door, you find yourself in a bright, open-plan contemporary kitchen/living space.

Where he could, Giancarlo found second hand or refurbished products to furnish the home, with sustainability in mind. For example, the elegant ex-display Wrens kitchen was bought on eBay. "I found two guys that take kitchens from trade shows and sell them on." This strategy meant it was only a fraction of its original cost. The centrally positioned Faber extractor fan, which illuminates different colours, was also

reused from a nearby project.

The double glazed black framed bifold doors circling the courtyard folds fully open to create a large open plan space with an outdoor seating area. "It's perfect for parties," enthuses Giancarlo.

Following the narrow, glazed corridor around the courtyard, past a bathroom, you arrive at the more private section of the home featuring the guest bedroom, master bedroom, and main bathroom. One idea of Giancarlo's to maximise the space was to install a large sunken bath; he asserts that "it makes the room feel bigger while adding a unique feature."

The 'butterfly' roof enlarges the spaces while also allowing for further glazing on the upper part of the outside walls. In the master and guest bedroom, the bespoke triangular windows allow copious amounts of natural light in.

One of the key aims of the design was to ensure privacy was maintained for all parties in this difficult, constrained site, and he says Bolans have cleverly achieved this. "It's excellent. I can't see into other properties, and they can't see into mine!" explains Giancarlo.

And, with enough hiccups and challenges to put anyone off going the self-build route, Giancarlo says that despite this, he is very happy with the final result.

"The pain I experienced on the project is disappearing more and more over time. You're going to hit bumps. The thing is just to keep going," explains Giancarlo. He thanks his father in particular, and the architects, for their support: "I was very lucky to have them," and concludes that it has all been worthwhile. "It's a beautiful home: I get reminded of that every time someone comes and sees it."

### CONTACTS/ SUPPLIERS

### ARCHITECTS

**Bolans Architects** www.bolansgroup.com

### STRUCTURAL ENGINEER

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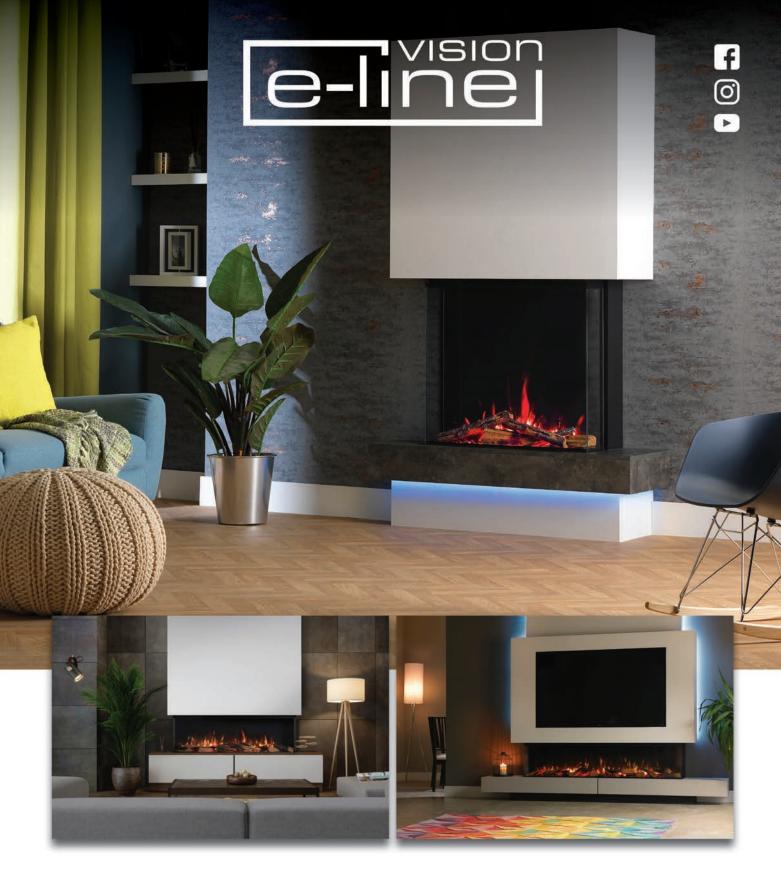
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# Stop costs running away

Collecting rainwater for domestic use is nothing new; it's been done since Roman times and is still used today in modern, sustainable homes. Jae Lester from RainWater Harvesting looks at how technology has changed, though the principle remains unchanged









n the UK we have the problem of either too little or too much water. Obviously preventing 30% leakage of the mains supply will help enormously but there are other things that can be done to support this. Sometimes we need to look to the past to find solutions for the future.

### WHAT IS A RAINWATER HARVESTING SYSTEM?

Water is collected off the house roof via standard guttering and downpipes. It is filtered and stored in an underground tank. When required it is then pumped back into the home to be used for flushing toilets, washing machines and outside use which greatly reduces the demand for mains supply. The question in our quest for sustainability is should we use mains water for non-drinking purposes? There is no need to flush toilets with processed drinking quality water bought from miles away.

Installing a system is best suited to a new build or major renovation as there will be a rainwater feed to toilets and other non-potable appliances. Indoor taps, basins, showers and baths will remain on the main supply.

The harvesting tank is buried underground – there is no light and only a small temperature variance to keep the water cool and fresh.

Tank size calculators are available on the web. Sizes are calculated on location, collectable roof area, number Returning
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controlled rate
is an efficient
way to collect
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become more
important
with increased
demand

of people/toilets, and application for the water. Systems are designed to require minimum maintenance. There is a filter which allows water to flow into the tank but leaves and debris are directed into a soak away. Filters are designed for easy access so once or twice a year it is worth removing and flushing with clean water.

Within the tank, there is a pump

which activates when a drop in pressure is identified.

### WHAT HAPPENS IF THE RAINWATER IN THE HARVESTING TANK BECOMES LOW?

Tank sizes are calculated traditionally on a 21 day supply, as it was assumed that it would rain within that timescale. However should the water run low we still require the toilets to flush.

Therefore if the water is going to be used within the home and not just for the garden it is important to specify a mains back up system.

There are two main types. In a direct feed system the pump is directly connected to the appliance and runs every time a toilet is flushed. If rainwater becomes critically low a small amount of mains water would be introduced into the underground tank.

In a gravity system the water is pumped up into a header tank and appliances are serviced from there. The latter method only requires the pump to be operated when the header tank needs replenishing. Running costs can be as low as 1p per person per day. Systems are designed to prevent any cross contamination and it is important to consider WRAS (Water Regulation Advisory Service) approved systems. These have undergone extensive testing and are accepted by all water providers as compliant if installed in accordance

nov/dec 2022 www.sbhonline.co.uk





with the manufacturer's specification.

### **TOO MUCH RAIN**

The advantage of collecting rainwater is that it is a relatively simple process and it also has a further benefit regarding Sustainable Urban Drainage (SuDS). During heavy rainstorms water is collected within the tank first, preventing localised flooding.

Emerging systems allow a volume of the tank to be used for non-potable applications, but are designed with extra capacity specifically for when there is excess rain. This extra volume is calculated specific to the site and meets the criteria for severe rain events. Water is released back into the storm drain or soakaway at a controlled rate so reducing the risk of downstream flooding. This can be as low as 0.05 litres per second per plot, and so will not overwhelm the network.

It is the overwhelming drainage system that needs to be addressed which is how harvesting rainwater as a SuDS solution would be highly beneficial. Returning water to the storm drain at a controlled rate is an efficient way to collect for reprocessing which may become more important with increased demand. The extra capacity is calculated based on all 'worst case' scenarios and any other criteria that planning requires by Micro Drainage.

### INSTALLATION

A groundworker is required to site the tank under the manufacturer's instructions. Some tanks are 'shallow dig' so only require a depth of 1 - 1.5 m making it easy to install in areas where there is a relatively high water table and ease of calculation of levels. There must be a 'fall' from the downpipe so the rainwater flows towards the harvesting tank. It is very important that the piping from the roof to the tank is 'closed' and there are no open gulleys.

A plumber will then install the pipework to the appliances and connect both the rainwater and mains supply, and an electrician will be required to connect the pump and sensors to activate the flow of water.

Modern systems are designed to make installation relatively simple and therefore should not add significant cost to a build project. Complete systems with mains backup cost in the region of £2000-£3500 ex VAT. This cost can be offset with the assistance of a planning application for water usage and drainage strategy. A combined system can be an economic way of achieving a SuDS plan where discharge from site can be actively calculated.

In conclusion, rainwater harvesting comes at a small material cost for long term sustainability and as a first line defence against flooding.

Jae Lester is director at RainWater Harvesting



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### Thermoblocks maintain continuity to 'wrap' for Bristol house

Bristol based architects Marshall & Kendon have sought technical advice from manufacturer Marmox, regarding the integration of its Thermoblocks into the exterior insulation 'wrap' of a bespoke, near-to-zero timber frame construction. The founding partner of Marshall & Kendon, Jeremy Marshall, confirmed: "It is our habit as a practice to always run insulation across the outside of the structure, wrapping them rather than putting it within the timber frame. In this instance, Thermoblock enables us to make the layer of insulation continuous as it passes through the loadbearing structure, while the airtightness membrane is continued up the outside of the sheathing boards. Our structural engineers were satisfied that Thermoblock offers more than adequate compressive strength and our main contractor, who is very innovative in their approach to timber frame construction, agreed to trial them." Marmox stockist, Eco Merchants of Swindon, supplied a total 170 of the 100 mm wide version for the versatile 600 mm long Thermoblocks, with Dovetail's own operatives utilising an approved adhesive to not only seal the overlap joints, but also to bed the blocks across the OSB base which is covered by a 'paintable' membrane. The various lines of Thermoblocks then support the stick-built timber frame exterior and internal walls, with the main isocyanate floor insulation panels infilling the rest of the ground floor area.

01634 835290 www.marmox.co.uk



### Multiple uses for SterlingOSB Zero

A family-run firm from Surrey, which specialises in loft conversions and the creation of bespoke garden rooms, is making extensive use of SterlingOSB Zero from panel product manufacturer, West Fraser, based on the board's value, performance and ease of installation. MB Loft Conversions, based in Caterham, was established eight years ago by Mark Bell and undertakes contracts right across South London, Surrey, Sussex and Kent. Typically, the company completes up to a dozen loft conversions and other projects each year. Mark purchases his SterlingOSB Zero from Selhurst Timber and other builders merchants' local to clients' properties. While he mainly prefers to use 18mm tongue and groove boards for their strength and excellent alignment when laid, some of MB Loft Conversions' builds also use quantities of 11mm (square edge) SterlingOSB Zero. As part of a comprehensive, overall carbon negative product range, SterlingOSB Zero T&G presents specifiers with precisionengineered tongue and groove boards, which are typically specified for pitched or flat roof decking and timber frame construction, as well as for flooring and other applications. Also from an environmental viewpoint, the 'Zero' in the name means no formaldehyde is added during its manufacture, which is a first in the UK – encouraging its specification on improved health and safety grounds.

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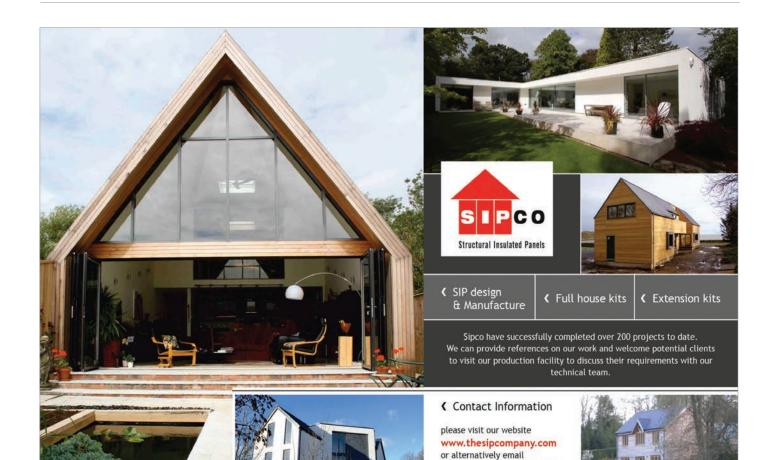
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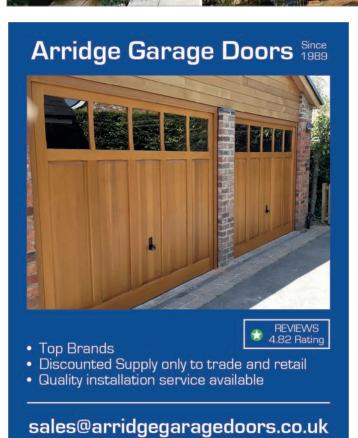












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## JOHN FORGES THE RIGHT RESULT

When John Wilkinson took the decision to buy a run down former blacksmith's cottage just outside York, he wasn't quite prepared for the renovation journey that lay in front of him

**TEXT HEATHER DIXON IMAGES DAVE BURTON** 



Covered in ivy and with cracks in the render, the cottage was in need of some TLC – when John bought the property there was a row of 12 foot high fir trees less than three metres from it

ohn Wilkinson felt an odd mixture of elation and "that sinking feeling" when he got the phone call to let him know his sealed bid to buy a dilapidated old cottage near York had been successful.

"One half of me was really excited at the prospect of doing it up, the other half was wondering what on earth I'd landed myself with," says John. "I knew it was in a bad way, but I wasn't worried about that. I bought it to renovate as a long-term project with the aim of either renting it out or living there myself one day. I just didn't realise how dilapidated it was."

John remained in blissful ignorance for a year while he 'sat' on the project until he had time to give it the attention it clearly needed. It also gave him a chance to work out how he was going to transform the dark, old-fashioned property into somewhere light, open and welcoming.

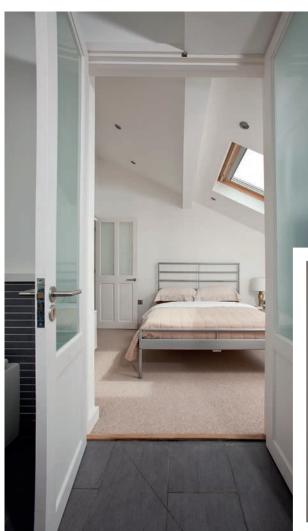
"I decided to renovate the cottage in two phases to spread the costs," says John. "The first phase would be the renovation of the main cottage followed by the conversion of a single-storey extension at the front of the house at a later date."

The biggest challenge was its location. Situated in a village, this former blacksmith's cottage is hidden away from the main road and is only accessible through a narrow stone archway linking other buildings. "It's wide enough to get a car through but not a truck, so getting materials on and offsite was always going to be a major consideration," said John. "If I decided to knock down the cottage and start again, there was no way I could get lorry loads of bricks, stone or trusses onsite. A renovation was the only logical and practical route."

Unfortunately, poor access was just the tip of the iceberg.

#### **HIGH POINT**

"Fitting the gates earlier this year. It just rounded everything off"







#### **LOW POINT**

"Finally realising the full extent of the work to be done and knowing I would go beyond my initial budget of around £50,000. In the end I probably spent twice that amount"

#### A HORROR SHOW SURVEY

A survey of the detached, two-storey building took no prisoners. The original property was a single-storey stone building, which had been raised to include a second storey using clay bricks. Over time the building had moved considerably, causing huge cracks in the walls and a certain amount of bowing. The stone and brick sections were not bonded and the mortar in both sections was disintegrating badly. There were timber lintels where there should have been concrete ones, and the whole property was damp as a result of blocked drains. At some point the cottage had been extended sideways and the roof trusses were consequently undersized, resulting in roof spread.

It didn't end there. The kitchen was dark and grimy, with a very low beamed ceiling and chipped lino floor, and although the cottage had three bedrooms, one of them was tiny and the space was seriously compromised by a badly positioned boiler.

#### THE PLAN

"I decided to do whatever work was necessary to make the cottage structurally sound and then open up the rooms in every direction," said John. "The original external stone wall, which runs through the middle of the property, was too thick and solid to move, but I knew I could take out the wall between the kitchen and downstairs bathroom and remove the ceiling in the main bedroom to create loads of light and space."

As part of the scheme to open up the property, John wanted to take out the staircase wall and create a mezzanine style glass balcony which would divert "borrowed" light down into the sitting room. The tiny bedroom would become a "Jack and Jill" wet room with linking doors into both bedrooms.

"I employed a friend who was a joiner and builder to help with the renovation," says John. "I had known him for a long time and have always liked his approach to work. I knew he would do a great job and I would be there evenings, weekends and holidays to do everything I could to support him."

The first task was to strip out the old kitchen units, ground floor bathroom fittings and stud walls, then stabilise the cottage by rebuilding one corner of the house where the movement had caused cracks higher up the wall.

#### **MORE PITFALLS**

"It wasn't long before we discovered just how badly it had been built," said John. "The walls







were thick but filled with loose rubble and dirt, so as soon as we started to knock into them the stone just crumbled away. It was almost impossible to get a clean edge."

With skill and perseverance they managed to lace reclaimed stone and new breezeblocks into the original walls to strengthen the corner. They followed the same process when taking out the kitchen wall at the back of the house – where the kitchen window had been – to create the opening for bi-fold doors.

John wanted to keep a conservatory, which had been added by the previous owner, but reduce its length to allow more room for the bifold doors.

"The conservatory was in reasonable condition and created more living space, but it was too big and needed linking more effectively to the main house," said John.

Lack of light was a major issue on the first floor where the main bedroom – running the full

width of the cottage – only had one window and a low ceiling.

#### AN OPPORTUNITY ARISES

"I looked through the loft hatch and realised there was a huge roof space which was completely unused," said John. "Although it would incur extra cost, I didn't want to miss an opportunity to create more space and light. I knew that if I didn't take out the bedroom ceiling and create a vaulted roof I would always regret it."

But as they started to pull down the ceiling it soon became apparent that the roof timbers had been modified at some point and no longer had the strength or structure to prevent spread. "If we were going to go to the trouble and expense of vaulting the ceiling, we would have been mad not to replace the roof at the same time," comments John.

The change of plan cost around £10,000



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more than John had originally budgeted, but it was, he says, an over-spend worth making. "It completely transformed the house from a small, dark, unexciting cottage into an exciting modern living space," he says. "As well as vaulting the ceiling, we also replaced the stair wall with a glass mezzanine, which makes the house even lighter."

Velux windows were installed on both sides of the house, the upstairs windows were replaced, and a small window in the kitchen was turned into a full length vertical picture window. The original bathroom became part of the new kitchen and a new bathroom was created in the third bedroom. To achieve the wet room, a plywood floor was packed to create sufficient fall for the water to drain away and the shower head was fixed to an overhead beam in the centre of the room. A bath was fitted under the sloping ceiling to maximise the space, and the toilet was positioned behind double doors leading into the guest bedroom.

The joiner built a new open tread staircase,

took out a Seventies style stone fire surround in the sitting room and enlarged the fireplace itself ready for plastering. He also tanked the kitchen walls to prevent rising damp before the property was plastered out.

"By the time the new-look cottage was plastered and the bi-fold doors put in the kitchen, it was a completely different house," says John.

The first phase of the renovation was finally completed in 2018 after five years of slow evolvement, but the work didn't end there.

#### ONE STEP FORWARD, TWO STEPS BACK

Last year the tiles on the wet room floor started to lift to the point that they were stopping the double doors from opening.

"I discovered the floor had cracked and water was getting underneath the tiles," says John. "I tried to patch it up but that didn't work and I realised I would have to go the whole hog, which was quite disheartening."

The tiles had been laid to falls created by the

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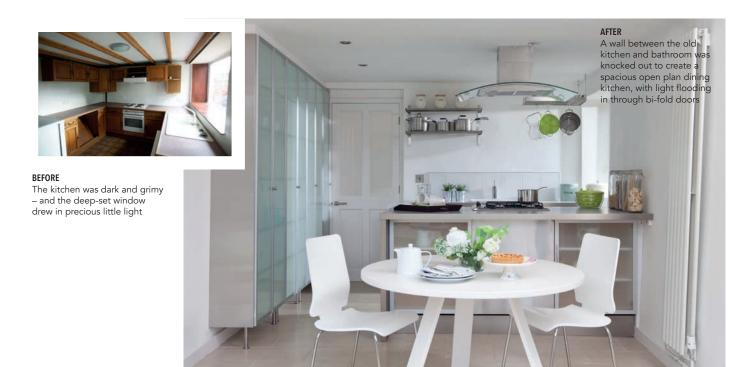
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thickness of the adhesive so the challenge was to lift the tiles without damaging the plywood substructure. After trying to do it manually, John realised it was too big a job and he hired a jackhammer to get the floor back to a smooth plywood base. He then used a tile backer board system with in-built falls, which was laid using an adhesive over the top of the plywood, before re-tanking with a liquid system and finally laying the new tiles.

Around the same time, John upgraded all the interior fittings with LEDs, using 'doughnut trim' discs for a neat finish.

"The problem with older properties is that one job can quickly lead to another," said John. "In taking out the old lights I was damaging the plasterwork so, rather than replaster, I found metal discs which neatly covered the rough edges."

The exterior render also started to blow in places, so John hired a local builder to take it back to the tight render, patch the blown areas and repaint the rear elevation.

Earlier this year scaffolding was put into place to access the roof so the chimney stack could be repointed – with all the scaffolding carried by hand from a trailer parked on the street.

"With the access being so narrow a lot of deliveries were wheelbarrowed in or carried by hand, but with just a little bit of practice and confidence I found it was very easy to get a car and trailer down the shared drive and to the back of the cottage," said John. "I did a lot of trips to the local builders' merchants and the tip!"

This was the case when John started working on the garden, trimming back an overgrown tree and laying a thick covering of gravel down the access drive, along the side of the cottage and round to the back where there is a spacious turning area for cars.

Earlier this year he also commissioned bespoke softwood gates which were manhandled down the drive and fitted to new concrete posts, adding to the privacy of the house and garden.

#### **ONWARDS AND UPWARDS**

John is now in a position to begin the second phase, which will involve the conversion of part – or all – of the garage into living accommodation and the building of a detached garage at the back of the house. He secured planning permission for this at the beginning of the first phase and started the work to preserve the permission until he has the time and funds to take it further.

His ultimate aim is to convert the lean-to at the back of the cottage into a more substantial living space, add a third bedroom with an ensuite bathroom upstairs, and perhaps another living room downstairs.

"That's the long-term plan," says John. "There is still huge potential to develop the cottage further and that's what makes it so exciting. It's a project which will continue to evolve. In the beginning there were definitely times when I wondered what I had taken on, and there was a point in the middle of the renovation when we seemed to be taking one step forwards and two back. There didn't seem to be an end in sight. But I didn't take it on board to then sell it and make a quick profit. I was always in it for the long term because I really enjoy the process of taking a dilapidated old property and giving it a new lease of life. If I hadn't bought it, the cottage was in danger of falling down and another little piece of village history would have disappeared with it." ■

BUILDING ENVELOPE SPONSORED FEATURE

## How to create a stunning barn-style home – the easy way

urning a dilapidated 100-year-old farmhouse into a dream home was a demanding challenge for the Taylor family in Kent. The cream rendered bungalow had turned green and was harbouring a multitude of cracks inside and out, with wet and mouldy internal walls.

Turning to cladding for the solution, they researched the market and were very impressed with the Cedral offering. They chose Cedral weatherboards, laid horizontally, to renovate the main house and annex and created an eye-catching feature wall by laying the boards vertically in one section.

#### WHY DID THEY CHOOSE CEDRAL FACADES?

"When I saw Cedral, I liked the grain, I liked the texture, I liked the fact it looks really realistic and I was very impressed with the minimum life expectancy of 50 years," says Amy Taylor. "Cedral has helped us to transform the look of the building, allowing us to turn something so unappealing into a beautiful home."

#### LOOKS AND LONGEVITY

For the Taylor family, a product that continues to look good through the years is key. "I don't want something that looks good but in a year's time becomes extremely high maintenance," says Amy.

#### LOW MAINTENANCE, HIGH SAFETY

Cedral's durable fibre cement cladding met the family's requirements perfectly. Manufactured to withstand the harshest



weather conditions, it doesn't need regular repainting and won't rot, rust, warp or crack. It is frost, mould and water resistant and has an excellent fire performance classification of A2-s1, d0.

#### WIDE RANGE OF COLOURS AND STYLES

Cedral facades come in an attractive colour palette with 21 long-lasting shades, as well as two woodstain options and a choice of a woodgrain or smooth finish.

Amy says: "The house sits in over 16 acres of wooded land and paddocks, so the black cladding option jumped out at me as a great option because I felt that the combination of a new brick plinth and the cladding would give it a barn-effect feel – in keeping with its surroundings, but also significantly improving the look and quality of the property."

Cedral gave the Taylors the stylish

wood-look barn effect they wanted, without the hassle of caring for real wood with its high maintenance demands and associated costs.

#### ADDING INSULATION AND VALUE

Cedral cladding acts like a second skin on a building's exterior. Amy says: "We hope it has added substantial value to the property, not only looks-wise but also in terms of adding extra insulation, which is also good for the EPC rating."

#### **AFTER-CARE SERVICE**

The family were also extremely impressed with Cedral's after care service and their local Area Sales Manager who visited the property several times during the installation. "Cedral's communication was excellent," says Amy. "They were easy to deal with and I felt they really cared about our wishes and the project."

#### AND THE FINAL RESULT?

"It is more than I ever could have dreamed of," says Amy. "I would recommend Cedral 100 per cent. It's not just about the longevity and insulation – though that's important of course – it's also about the end result and kerb appeal. We never looked at the property before we bought it and said, that's our dream house. But now it really is." Read the full story here.

#### CONTACT CEDRAL

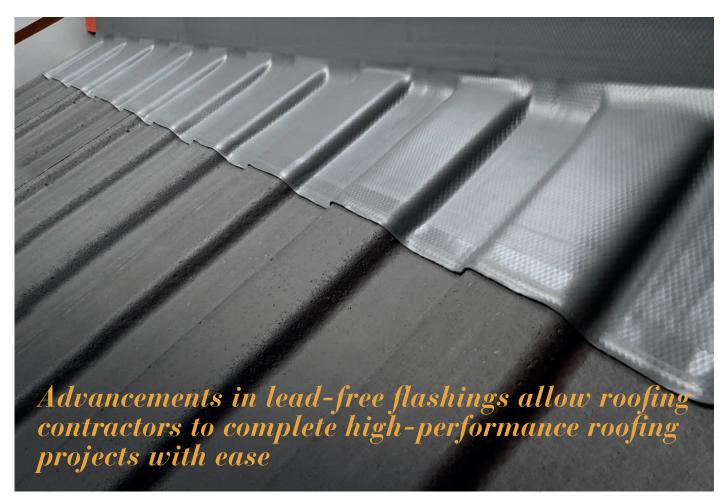
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## Unleaded benefits

Water ingress may damage your property or cause wet and dry rot. Nick King from Klober explores the reasons behind choosing lead-free flashings for maintaining a watertight roof, and outlines the installation considerations to be aware of



he roof is often overlooked in the early stages of a self-build project, resulting in last-minute decisions on critical components that can make a big difference. Flashing is one of those areas.

#### **ROOF FLASHING**

Breakpoints could leave a property vulnerable to water ingress if they are not sufficiently waterproofed. This often happens through tiles' vulnerable intersections, such as chimneys or valleys. If these intersections are inadequately sealed, moisture may enter your home or building. This is where a roof flashing detail is essential.

Roof flashings can be installed to cover over profiled tiles and slates, closing off dry valleys, sealing solar panels, rooflights, for changes in roof pitch, on abutments and chimneys. The main purpose of installing flashing is to maintain a watertight roof.

#### LEAD-FREE

Its durability and waterproofing properties make lead a popular choice for roofing solutions on residential and commercial properties. You'll often see it on the roofs of historic buildings and in conservation areas to preserve appearance. While lead has a place in certain areas, there are numerous benefits associated with choosing lead-free flashing for other applications.

In terms of safety, the use of lead-free is less likely to be a health hazard for those working with this material because it is non-toxic. What many don't realise is that specification requirements can vary

from one roofing job to the next. Lead-free flashings can offer a significant point of difference here. For projects which do not specify traditional lead, lead flashing substitutes made without lead can offer a great alternative.

Over the years, lead-free has become more popular for a few reasons. The first is that, despite recorded lead-theft declining, the threat still remains. When it happens, this leaves the roof vulnerable, as well as being inconvenient and costly to replace. However, there is no scrap value to lead alternatives so would-be thieves won't look twice at a roof with this solution.

Secondly, the speed and ease of installing lead-free flashings is another major benefit. This is in part because they are extremely malleable and easy

to manipulate, shape and form by hand. They can be stretched over details while dressing to give a smooth, neat and premium lead-like appearance, allowing easy application for a wide range of details.

What's more, lead-free flashing does not require bossing like lead does, so it is quicker to install. While lead components typically require a lead specialist to be subcontracted, opting for lead-free alternatives eliminates this added time and cost as the installation process does not depend on specialist skills or tools.

It is important to note that if lead-free flashings are incorrectly installed, water ingress could still occur. That's why competent installation is necessary.

#### **INSTALLATION TIPS**

Ahead of installation, it is key to ensure all surfaces are dry and free from dust, oil and moss, before laying the flashing. It is also crucial that self-adhesive leadfree flashings are not used on bitumen or tar surfaces. Some superior lead flashing alternatives have a perforated release paper on the back which allows direct application onto the tile surface once removed. If installed in lower temperatures or applying flashing to damp surfaces, specialist glue can also

be used to ensure strong adherence to the roof.

The best practice when turning into brickwork joints or chasing in, is to allow a minimum of 30 mm. When it comes to sealing, flashing sealant should be used for brickwork joints. Strips of flashing which are folded into wedges are a good way to hold the flashing in place in the brickwork joint, prior to sealing. Under no circumstances should silicone-based sealants or adhesives be used.

For long runs, self-welding flashings can simply be overlapped, although with available lengths of up to 10 metres it may not even be necessary. Some products are flexible and able to stretch in both directions, which allows the product to move without the use of an expansion joint or consideration of a maximum length. When using self-welding flashings, overlaps should be no less than 50 mm, using a roller to apply pressure. Any gaps must be supported to prevent sagging and water build-up.

#### ADDITIONAL CONSIDERATIONS

To get the best results, roofers should follow the manufacturer's guidance because not all lead-free replacements will be the same. Superior lead-free alternatives have unique properties that allow them to overlap by up to 50 mm

and form a weld due to their flexibility, whereas, other more economical lead-free products would require a welt detail.

You may also wish to look for quality products that hold third party accreditation, when choosing roofing components, to give additional peace of mind. For example, if a product holds BBA certification, product performance has been verified based on rigorous testing and standards. On top of this, checking the product guarantee and opting for flashings with long promises of assurance is advisable.

#### AND FINALLY...

Roofers should also not neglect primary on-site safety procedures. It's essential to take safety precautions, especially for pitched roofing work. Those installing roofing components must be competent in using the latest techniques, standards and materials and training should include safe working practices.

Thanks to advancements in leadfree flashings along with best practice installation methods, it is clear that roofing contractors can complete highperformance roofing projects with ease when they decide to go lead-free.

Nick King is portfolio manager at Klober

#### Farmhouse warms to external Wraptite® airtight solution

A new self-build farmhouse in the beautiful Scottish countryside has been fitted with the high-performing Wraptite air-barrier. The project is designed to Passivhaus standards by Architect Frances Strachan-Friar. From the outset, the aim was to achieve a more sustainable design and follow a different approach from the traditional timber kit. After undertaking significant research into different types of construction, the architect selected Xilonor CLT cross-laminated timber installed by Glulam Solutions Ltd., Inverurie. Frances Strachan-Friar commented on how the selection of Wraptite has benefitted the development. "The specification of the correct type of airtightness barrier was critical in achieving thermal efficiency. Wraptite was chosen because it allows the airtightness layer to be fitted to the outside of the construction. In doing so, the external application of Wraptite provides essential protection in the form of waterproofing and weatherproofing for the CLT during the build. "The Wraptite system was great and easy to apply, especially around junctions, enabling us to seal all of the junctions completely. The use of a traditional membrane would not have given the same performance. I have previously specified products from the **A. Proctor Group**, but this was the first time using Wraptite. Proctors provided a comprehensive Toolbox Talk and have been a great support throughout the project."

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Russell Ager, managing director of Crittall Windows, says: "Look to the innovation in window frame development. For example, our re-engineered HomelightPlus range of residential windows is the 21st Century enhanced version of the original Standard Metal window first made by our company during the 1920s. It brings new-look styling and window profiling, plus higher energy-savings, performance, and enhanced security. "Whatever the type or size of your property, it's an authentic 'like for like' steel window. Peace-of-mind is reassured through an improved, robust, security multi-point locking option tested to the Enhanced Security PAS 24 standard – so the window is especially secure."

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## Iconic Chesterfield refurb is engineered to perfection

hen the iconic property in Chesterfield went on the market, couple James and Rebecca knew it was the right project for them. Built in 1927 by the inventor of stainless steel, Harry Brearley, the house was in need of some love. Brearley purchased the site at the end of the First World War, and the six bedroom home now sits on more than an acre of spectacular gardens. The couple, having always lived in Chesterfield, were aware of the house and its famous previous occupant, so they jumped at the chance when they discovered it was up for sale. James said "We've always liked projects, this was the most unloved property on the street that needed some well-deserved TLC!"

They initially thought the project would take 7-8 months to complete, "there isn't a square inch of the property or grounds that haven't been refurbished or modified in some way, therefore 8 months went into two years! It cost twice as much as we thought and took twice as long, but we wanted it done a certain way to ensure we achieved the perfect result."

James and Rebecca knew that it would've been far simpler and cost-effective to knock the house down and start again, but didn't want to add to the 'throwaway' society we



unfortunately now live in. "We love old buildings, classic cars, antiques etc. This house was built in an era where quality mattered and there were no time or cost constraints. It's a solid property, built by a world-famous engineer, so I'm sure no corners were cut. It's nice to be able to bring a property back to life and restore it. We've ended up with something unique, well-built and has history to it."

The couple wanted to maximize the garden without blocking any of the

incredible view, so they decided on a glass balustrade system from Q-railing. By utilising the existing terraces, seating and dining areas were created and framed in glass. "We've used the Q-Railing brand for over 10 years as they are the Rolls Royce of balustrade systems" said James. "Backed up with a fantastic technical support team, along with a professional service throughout the design and installation process."

Taking on a renovation project of this size can be daunting, and James had the following advice "Have a Plan, but keep this updated each week. The project will evolve as the works progress, and you'll have new ideas on designs etc. Live and breathe it, early mornings, late nights, weekends, every spare hour you have - take the time to have a coffee and walk round the property, you might have another idea. Look as far forward as you possibly can remember, if we can predict the future, it helps us to take the right steps now. And whatever your budget it, double it. We've learnt, buy cheap - buy twice! And finally, "Always keep positive; some days are better than others. When it's complete though, you'll feel a huge sense of accomplishment and you'll be battled hardened ready for the next one!"

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BUILDING ENVELOPE SPONSORED FEATURE

## Green Windows for a Green House – River House is a lesson in sustainability





Situated on the edge of the River Glen in Lincolnshire, River house is a unique self-build property that oozes contemporary style. Built using sustainable materials with a keen eye on thermal and weather performance, the A rated building is situated on a 1920s plot of timber houses traditionally used by local business people as summertime beach houses. Over the



years the old properties have been demolished and new ones developed to create an eclectic mix of traditional and contemporary properties, each with their own unique style.

The River House's contemporary feel is enhanced by its open plan living area with high ceilings, large sliding patio doors offering uninterrupted views of the river and lots of plants to create



a calming space.

The house faces south and enjoys beautiful sunrises during the winter, the big sliding doors allow a nice reflection of the ripples on the water into the main living space. Concern for the environment featured strongly in Chris' discussions with his architect and the property has been built to incorporate solar panels, pv panels, water panels,

SPONSORED FEATURE BUILDING ENVELOPE



underfloor hearing, extra thick insulation and George Barnsdale high performance timber windows and doors.

Asked why he chose timber rather than uPVC or aluminium, Chris reiterated his commitment to the environment.

"It made sense to go for timber with it being a timber framed eco building. Timber windows last well and can always be fixed in years to come and George Barnsdale offered a really wide range of furniture options and colours. In the end, I went for pale green which really makes the house stand out along the river bank."

Chris chose to make his main entrance door a Grandis hardwood sliding patio door with stormproof casement top lights. A further two sets of sliding doors were chosen for the dining and kitchen areas creating a vast expanse of glass across the riverside elevation of the property. Pale green paint and satin chrome hardware complete the modern aesthetic. High performance double glazing ensures the home stays warm in winter and cool in the summer.

Chris says he chose George Barnsdale because he knew how great the products were from his previous project next door. He also cited friendly local staff and an installation service highlighting the



fact that "timber windows are very different to uPVC and aluminium and require a different technique when fitting. Not everyone is trained to do that and I didn't want to risk undermining performance."

The property received the highest energy performance certificate which makes it great for low energy consumption but also means it

emits zero carbon compared with average properties that are estimated to produce 6 tonnes CO<sub>2</sub>. Alongside the other measures like wall and roof insulation, George Barnsdale's timber windows and doors contributed to the excellent rating.

01775 823000 www.georgebarnsdale.co.uk





ou can't make an omelette without breaking a few eggs. On this project, there were more than a few. Hamish Forbes bought Rockwell cottage on the edge of the conservation village of Cardross in January 2021. As the founder of a company which specialises in designing and building campervan furniture as well as a newly established firm which designs and builds home furniture – Hamish had a busy schedule, and he kept his plans for the cottage simple.

#### A 'CHOCOLATE BOX' VISION

The one-bedroom property needed some modernisation, but Hamish wasn't planning anything too significant – a few small renovations and it would be habitable and comfortable. "I was going to live here and tinker with it; it was never intended to be a major project. I wanted to redecorate and create a nice little chocolate box cottage."

After living in Rockwell for a month, Hamish had other ideas. He comments: "It is an incredibly small property, indeed the footprint of my office at work is bigger than this place! However, I knew there were ways to make the space

work much, much better."

Hamish quite literally started chipping away – and that's when he discovered the wiring issues, the plumbing problems and he realised he had only one option. "I kept taking things out until internally it looked like it was going to fall down, and I was going to have to put it back together again. I didn't think there was any point in doing one room at a time because of the scale of the building, so I decided to spend the money, get some labour in and attack it."

At times the cottage was a hive of activity and then when Hamish was busy at work it would quieten down again. "There was a period of about three months when I wasn't here at all, and it wasn't lack of interest; I simply didn't have time."

As Hamish was pulling his house to bits, there was also the question of where to stay and fortunately the parents of his partner, Emma Jane, came to the rescue. "There is a summer house in the garden and the previous owner's mum lived in it at one point. It's properly habitable with a toilet etc; the invitation to stay with Emma's parents was preferable









and I stayed there for about seven months."

#### A RUBBLE DILEMMA

While the ripping out of the cottage interior was the quick part, then came stage two, dealing with the rubble that was rapidly covering the floor. "I wasn't massively knowledgeable about the knocking down part and bits were falling off even where I wasn't chipping away! Emma is an architect and she looked at it with her architect hat on and we decided to employ a structural engineer."

The structural engineer ensured that everything was sound and also confirmed that Hamish's idea of constructing a mezzanine sleeping level in the sitting room was feasible. It meant the removal of a beam so that a staircase could be fitted but it would give the cottage much-needed extra space. "I was in a mild panic when the engineer visited but he didn't bat an eyelid about what we had done or planned to do."

With the sitting room ceiling removed and the beams exposed the project started to gather real momentum. "I started to get excited. The cottage had always felt really small – it was cosy but it was super small. When we removed the ceiling, the sitting room felt huge. Now, when you lie in the mezzanine bed, it feels massive, as you almost have the run of the house."

#### INTERIOR INSPIRATION

Inspired by the results in the sitting room, Hamish continued into the kitchen and utility room removing the ceilings and exposing the original beams. The former kitchen was a hotchpotch of different units and cupboards with a cooker in the corner. Hamish decided to move the new range cooker to the side wall and maximise the use of the utility room, adding a return under the window to incorporate another two cupboards and moving the dishwasher and washing machine into this room as well.

Initially, Hamish had intended to design and

#### **HIGH POINT**

"Finding the fireplace – it was the first thing we uncovered, and it gave me a real spark of excitement about the whole project. At that moment it changed from being a 70s uninspiring house into something quite special."



#### **LOW POINT**

"Realising the extent of how much we had to smash out. There really was rubble everywhere." build the kitchen himself using his trusty CNC machine on which he designs and creates his interiors and furniture for campervans. However, work commitments didn't allow it. He did manage to carve out time to make all the splashbacks, which were colour matched with the kitchen units from Wren. He also made a purpose-built storage and drying rack, storage cupboards and a wine rack for the utility room and a seating/dining area in the kitchen. The bench seating stores fold up chairs and the table folds down from the wall as and when required.

"It was good taking the interior back to nothing because then you can create what you want where you want. When I bought the house, the sitting room was full of furniture and felt really cramped. When Emma and I discovered the original fireplace and hearth it was like we'd struck gold. Not only did it make the room feel bigger it inspired how I wanted the rest of the cottage to look – rustic but modern."

To tie in with this style, Hamish decided not to plaster over all the stone he'd uncovered but to create a two-tone effect taking a straight line of plaster across the wall. "It's a clean and crisp effect but decisions like that took a long time. I didn't envisage spending a week deciding how to plaster a wall. Where on the wall to start, and how high up?"

The 'feature wall' is not the only talking point in the room. The piece de resistance is Hamish's birch ply staircase which accesses the mezzanine level. Practical but also a work of art, it incorporates a table and shelf as part of the foot treads. Cutouts have been made in the steps so there's contact when your feet are passing through. "The dog bone jigsaw joints were a relatively new experiment as I'd never used them on a load bearing piece. Sometimes I'll make sure the grain pattern in the jigsaw joint goes a different way, so it stands out rather than blends in. It becomes a feature and then you can carry that feature on."

Details are important to this couple, and another room that took extensive time to plan was the generously proportioned bathroom. "I think the bathroom was originally a second bedroom as when the house was built the toilet would likely have been outside. Again, I took everything back to the stone so it could be rewired and replumbed and again a lot of the wall fell off."

In the bathroom, Emma took charge and panelling was the way she wanted to go. "The idea for the panelling came from @mytinyestate who I follow on Instagram," she recalls. "They posted about making wood panelling from MDF and I asked Hamish if he could do it on the







#### CONTACTS/ SUPPLIERS

#### BATHROOM – WHITE GOODS & SHOWER SCREEN

Victorian Plumbing victorianplumbing.co.uk

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Topps Tiles toppstiles.co.uk

#### INTERIOR DESIGN/ ARCHITECT SERVICES

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Fenwick & Tilbrook fenwickandtilbrook.com

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The Ply Guys theplyguys.co.uk

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CNC machine. He went a stage better and by using birch ply he created panelling with a grain through it."

Hamish continues, "with the CNC machine you can measure out and plan where your grooves are. I think I made the bathroom panels in about 15 minutes. Emma likes to joke that she comes up with ideas and then asks me to 'print them out'!"

The process for the panels may have been quick but other decisions took time – especially the colour scheme as Emma explains, "I think we spent about a month photoshopping the colour for the bathroom panelling. It matches the kitchen units."

#### A QUESTION OF COLOUR

Aware that they were dealing with such a restricted footprint, the couple decided that there would be a neutral backdrop throughout but with a statement colour in each room that would flow into the next. Three different shades of white were chosen, one for the floor, one for the woodwork and one for the walls

and the statement colour which ended up being orange/mustard appears to have come from Hamish's wardrobe. "I have a lot of orange t-shirts, which might be where the idea stems from! My wardrobe may be questionable, however in my defence, I think that orange and mustard is a good colour to match with the natural birch as the grain of the birch is a yellowy grain."

It certainly packs a punch, and no more so than in the bathroom with tiles that Emma was adamant had to match with everything else in the house. The reeded shower screen was something else on her wish list and also took a while to source. "It was another Instagram find and I eventually found it at Victorian Plumbing. Our plumber also gave us a great tip on where to position the tap for the shower. Fit it on the adjacent wall and you don't have to reach into the shower and get wet when you turn it on."

Finishing touches come in the form of a vanity unit which Hamish designed and is perfectly centred on the wall. "It's the wonder of the CNC machine, I can make anything to fit. If I want to









design something to the width of 283.5 cm, it's no problem." To complement his handiwork, Emma sourced a striking black and white sink from Tiki Moon.

Although in the bathroom the couple had an abundance of space, the main bedroom was a tight squeeze. "It was a head scratcher; it's a small room with not a lot of options and obviously you have to fit a bed in. I didn't know how to lay it out and make it look good at the same time."

Fortunately, Hamish says he was ready to listen to Emma's advice. She advised building bedside tables into the wood panelling which would double up as a headboard. She also suggested changing the cables for the bedside lamps to black and shortening the cables so nothing was dangling on the floor, all of which created the illusion of more floor space.

However, there was one thing that Emma was keen to do, and Hamish was not and that was to add the reveals at the side of the panelling around the bed. "I actually asked the Tiny Estate

Guys whether or not to do the reveals and they replied a hundred per cent do it," says Emma. "She was right!" Hamish adds.

#### ON REFLECTION

It's taken about a year to put the cottage back together and Hamish admits that he and Emma have been very fortunate. "We think about what we'd like and most of the time we can make it, it's quite a nice skill to have. There was no pressure to finish the renovations as we were living with Emma's parents and that allowed us to spend a month photoshopping the bathroom which is a luxury."

However, now the cottage is finished, was it really worth taking it apart to build it back up again? Hamish says that stripping it to the bone was the right approach: "I think if you don't take it all the way back there's always something you don't know about. We know everything about this house, and I think if it had carried on the way it was, it might not have lasted that long. I think we've given it a new life."

#### Marley Alutec selected for self-build property



Marley Alutec's products have been selected for a new self-build residential property in Lanarkshire. The aluminium rainwater and roofline systems were chosen for their durability, high quality appearance and ease of installation, as they were fitted by the homeowners themselves. The exterior of the property is finished in black cladding with matching windows. Therefore, the Marley Alutec rainwater gutters, soffits and fascia products were specified in complementary Heritage Black and RAL 9005 colours. Marley Alutec products

are manufactured from high quality marine grade aluminium and finished in an architectural grade polyester powder coat (PPC) paint, which is designed for exterior use and will maintain its colour and gloss level for longer.

01234 359438 www.marleyalutec.co.uk

#### Vent-Axia welcomes World Ventilation Day



Leading ventilation manufacturer **Vent-Axia** welcomes the first World Ventilation Day, a day dedicated to recognising and promoting the importance of ventilation and indoor air quality (IAQ). Taking place on Tuesday 8th November 2022, the day aims to raise awareness of the importance of ventilation as a crucial part of enabling health and wellbeing. On World Ventilation Day, Vent-Axia is continuing to recommend three key actions to take to improve indoor air quality: Reduce the number of pollutants introduced

into the air; Dilute the pollutants in the air by ensuring there is adequate ventilation introducing fresh clean air into the home and buildings; Purify by adding an air purifier to remove the remaining pollutants from the air.

0344 856 0590 www.vent-axia.com

#### Endless options with Tradelink's new range



Offering incredible choice and flexibility, the new Soteria range of composite doors from **Tradelink** allows the specification of high-quality doors with the same style and colour options available whether a foam or solid core is selected. A new 1,500m² (16,000ft²) production facility in Mildenhall, Suffolk, provides increased capacity to support the vastly expanded selection of doors offered in the Soteria range. Performance, security and versatility are integral to all doors which have been developed specifically for the UK mar-

ket, with the diversity of designs appealing to both the commercial and retail sectors. The products come with the relevant accreditations, giving customers peace of mind about the manufacturing process and quality.

tradelinkdirect.com

#### The Caxton relaunch

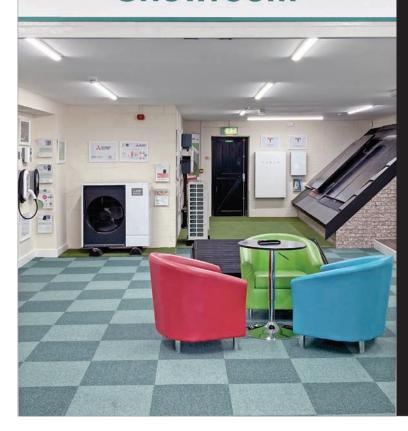


The **Potton** Caxton show home has always been a beautifully presented house, and with its 30th birthday this year it's been given a full makeover! As one of the smaller Potton show homes, the brief was to show how versatile it could be as a family home for all stages of life, whilst creating functional spaces with clever design features on a budget. Interior designer Zoe Godbold from ic7 design worked with Potton to give it a modern revamp whilst enhancing its country cottage charm. To fully appreciate the new look Caxton you'll need to

visit the Potton Self Build Show Centre in St Neots, Cambridgeshire. Where you can explore the house and take in all the extra details and features that really make this house function as a stylish family home.

01767 676 400 www.potton.co.uk/inspiration/show-centre

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## Overheating is out

TuffX's Paul Higgins explains what the new Part O of the Building Regulations means for glass and glazing in new homes



he new Building Regulations
Approved Document Part O is
designed to tackle overheating in
new residential buildings. As the first
regulation of its kind in England, selfbuilders and housebuilders need to be
clear about what is and isn't affected
when it comes to choosing glazing for
their projects.

In a nutshell, Part O seeks to ensure that the design and construction of new residential buildings limit unwanted solar gain in summer and provide adequate means to remove heat from the indoor environment.

The Part O regulations are designed to protect people's health and welfare by reducing the occurrences of high indoor temperatures in the face of rising global temperatures and the frequency of extreme events such as heatwaves. Along with the rest of the new Building Regulations, Part O came into force in June, and shortly after our UK summer arrived with temperatures reaching 40°C, cementing the urgent and necessary need for this.

We are now in the one-year transition period after the new Building Regulations came into effect, to allow for planning applications that are already underway. Any schemes where full plans or a building notice was submitted ahead of 15 June 2022 can be built to previous regulations if work starts within 12 months.

#### **ROUTES TO COMPLIANCE**

There are two routes to Part O compliance: first, the Simplified Method and secondly, Dynamic Thermal Modelling. For single dwellings such as new homes, the Simplified Method is most likely to be used, with the Dynamic Thermal Method more likely to be used for a block of flats, single aspect dwellings or buildings with more complex design requirements.

For the Simplified Method, Part O sets out tables detailing maximum permitted glazed areas, taking into consideration the location of the building and whether it has cross ventilation. Buildings in high risk areas – currently specific postcodes

in central London and Manchester – may also need to provide shading for glazed areas at certain points (and the means for achieving this, such as external shutters and overhangs, are detailed in the approved document).

#### **SOLAR SOLUTIONS**

High-quality solar glass products will play an important part in achieving these new standards that self-builders, along with housebuilders and developers, must adhere to. By using a tinted coating on the exterior of the glass to reflect heat away from the interior, solar glass allows an ambient interior temperature to be achieved, reducing the need for expensive air conditioning, for example, which will also cut energy costs — something that is on everyone's minds right now.

It is possible to fit solar glass that reflects twice as much heat as standard glass. For example, with the Approved Document Part O in mind, there are now specifically developed rooflights that achieve this through a coating, which



By using a tinted coating on the exterior of the glass to reflect heat away from the interior, solar glass allows an ambient interior temperature to be achieved

unlike most solar glass is untinted, so it achieves maximum light transmission too.

While ensuring your rooflights and windows meet the new regulations, it's

important to also make sure they meet – and ideally exceed – the high standard of quality a homeowner expects: including maximising light transmission, being easy

to maintain and looking exceptional. And of course, come winter, energy efficiency will be imperative, so make sure your glass products achieve the best low U-values too.

Paul Higgins is commercial director at TuffX

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#### Steel windows and doors in the bathroom



Steel in the home continues to dominate in the home fashion stakes. And, with advice from the **Steel Window Association**, homeowners can enjoy plenty of options if they want the look! The most common use of steel windows in bathrooms is to create shower screens; not only are they are an excellent replacement for shower curtains, the stylish design also allows plenty of light to enter the shower space. Another great way to bring steel into the bathroom is to use them as an internal partition between bedrooms and ensuites. They offer a

stunning yet simple way to establish a seamless transition between the bedroom and bathroom, which lets plenty of light between the two rooms and can open up the bedroom to give the appearance of more space.

www.steel-window-association.co.uk

#### Fenix®; the high-tech material from Keller



Keller has added the hi-tech material, Fenix®, to the range for 2022. Available initially in black and white, Fenix® is used for door fronts and panels, thanks to the special technology built into this material, the super-matt finish is soft to the touch, is anti-fingerprint proof and micro-scratches on the surface can be repaired by a simple thermal method. Perfect Sense (pictured) is a bold design which highlights black and white contrasts and features Fenix®.

Pictured is a Japanese-styled scheme which cleverly mixes warm timber and solid colour. Keller is well known for offering the widest range of colours (1950 NCS) and finishes in the kitchen furniture market.

www.kellerkitchens.com



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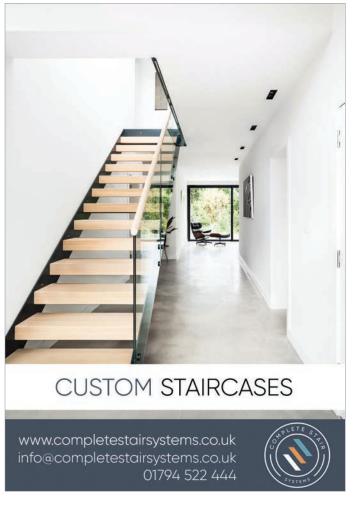
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#### Introducing the Aritco HomeLift Compact



Award-winning Swedish lift company Aritco has unveiled its smallest and most compact home lift yet, the Aritco HomeLift Compact. Designed with space-efficiency in mind, its footprint takes up as little as a square meter, making it compatible with even the smallest house where space is limited. The Aritco HomeLift Compact is quick and easy to install as it comes in pre-cut parts, and its lift shaft can span up to six floors of a house. It has the capacity to carry two people and it's very energy

efficient, using a similar amount of power every year as an average washing machine or dishwasher. The lift is fully customisable so you can personalise it to suit your taste and home interior.

01604 808809 www.aritco.com

#### Outdoor Living Design and KönigOutdoor



KönigOutdoor, a new division in the established **Königstone** family, is a specialist in high-end, quality designs for outdoor living and dining. The luxurious sintered stone surfaces, with durable weatherproof structures, combine to provide the glamour and functionality of an indoor kitchen – outdoors. There is a choice of modular or bespoke schemes and, as with the handles, hinges, runners, sinks and taps, the focus is on top quality and style as outdoor living grows in popularity. Joanne

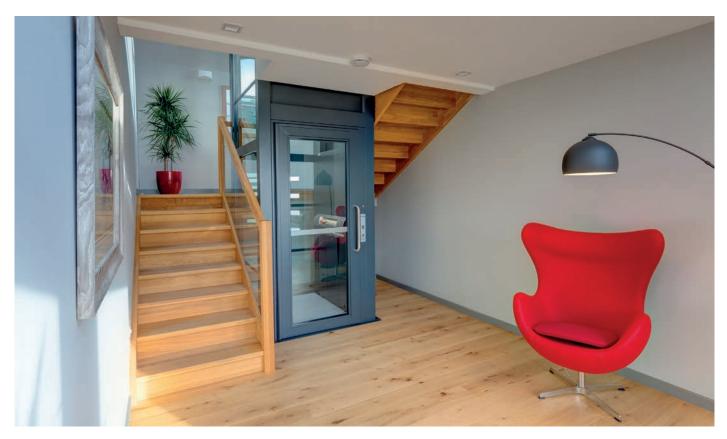
Bull from Königstone explains: "We are known as specialists in quality worksurfaces and, with the increased focus on outdoor living in the UK, the development of this division made sense – to us and our valued retailers."

info@konigstone.co.uk



## The rising trend in lifts

People today are generally moving houses less often, indicating they are buying and building homes to live in for many years to come. Alastair Stannah from Stannah looks at how future proofing your house with a lift can ensure you can enjoy it for years to come



eople looking for their forever homes want to ensure the house is future-proofed to cover every stage of life. The rise of future-proofing and the trend for building high specification luxury homes sees developers and owners alike, including the convenience of a lift.

A lift is an ultimate 'statement;' a lifestyle choice and a practical feature. It not only boosts the price of a home but also makes it more attractive, creating a one-of-a-kind focal point.

For many, continuing to live in the same house as they age is important, as is the ease of moving groceries and belongings between floors. A lift can allow them to do just that and costs a lot less than moving house!

#### THE DUMBWAITER STRIKES BACK!

It's not just people-moving lifts that play their role in 'forever' homes. As the trend grows for new townhouses with several floors, service lifts (or 'dumbwaiters') are regaining popularity due to their small size, and ease of installation.

#### **DIFFERENT TYPES**

Properties come in all shapes and sizes – and so do lifts. In a new dwelling, a lift can be part of an architect's plans. In an existing home, there is a need to place the lift around the current house layout. The choices are endless, but broadly fall into these categories:

The standard lift is suggested when up to five people want to travel between floors. These are available in a choice of

There is such a wide variety of style options available on the market; from glass shafts, custom walls, door options, to bespoke flooring, that a lift can be a sleek and stylish addition as well as a life-long practical choice



door options, finishes and configurations.

Through-floor lifts are best suited to smaller spaces and provide access for up to two people travelling between the ground and the first floor.

Service lifts/dumbwaiters are the answer if there is a need to transport

food, groceries and goods between floors. They are particularly ideal for properties with three or more floors, or where the kitchen, garage and/or dining area are on different levels.

#### WHAT TO CONSIDER WHEN CHOOSING A LIFT

Narrow your search by deciding whether you want your lift to take people or goods only, how many floors it needs to travel between, and the available space you have.

From a cost point of view, you need to be putting aside £15-£25k in your budget for the supply and installation cost of a lift to move people or £6-7k for a dumbwaiter.

If the lift is designed into your project from the start then you will limit major issues. For an existing home, you will need to get a lift survey, and for a new development, it is advisable to speak to the lift company to offer guidance on the perfect product. They can assist in making sure you've covered all of the technical requirements.

When considering the location of your lift, it's always a good idea to locate a lift for people next to the stairs and in a central location. That way it will be easily accessible from every part of the home.

It might seem a better idea to fit in a smaller lift, but go for the largest you

can. Ideally, create a space that is big enough for a wheelchair and another person. That way, you will also be able to use the lift to transport furniture and other larger items between floors.

There is such a wide variety of style options available on the market; from glass shafts, custom walls, and door options, to bespoke flooring – a lift can be a sleek and stylish addition as well as a life-long practical choice.

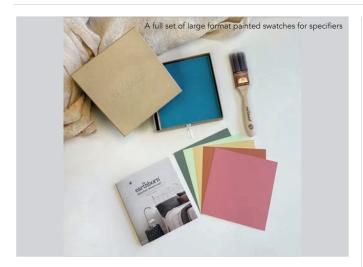
Lift installations will likely require building work, varying on the type of lift. It is advisable to consult with a specialist early on in your project.

Even if you decide a lift isn't an option for now, a home can be futureproofed by ensuring you design a space where it can be installed at a later date.

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The possibilities of home lifts are endless, taking homeowners, family and guests, or goods around a home.

Alastair Stannah is managing director of lifts distribution & service at Stannah



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## RETIRING – BUT FAR FROM SHY

Realising their Victorian house would be unsuitable as they approached retirement, Elaine and Tom Devine decided to take matters into their own hands and tackle a new build in their garden, but their timber-framed project faced some planning battles

TEXT ROSEANNE FIELD IMAGES NEIL GORDON (ABERDEENPHOTO.COM)

n Newport-on-Tay in Fife, Scotland, Elaine and Tom Devine were happy in their Victorian house with its spectacular views of the River Tay. However as they were approaching retirement, they realised the house wasn't going to be practical forever. One of their daughters was also keen to get on the property ladder by buying the house, so moving on made sense for a number of reasons.

Over the years they had slowly acquired more land at the edges of their land, enlarging their garden into what was the site of a former railway line. They hadn't intended to build a house, but a large garage to accommodate Tom's hobby (4x4 vehicles), which would have its own access.

The idea to build a house on the land came after a neighbour built theirs. "I watched that go up and remember thinking 'I wonder if we could squeeze another house onto our plot'," Elaine says. But as it was narrow, she "kept thinking it just wouldn't work."

It was back in 2012 – while both Elaine and Tom were still working – that they first approached an architect to draw up plans to submit for planning approval. To find an architect they engaged the help of the Association of Self Build Architects; a network of UK-based, RIBA-approved architects. "In my previous job I had dealt with a lot of architectural firms, and I knew they could be expensive," Elaine explains. "I wanted one that really understood the self-build market – and who wasn't going to be too dear."

They filled out the questionnaire on the ASBA website, which asks for basic information about the project and intended budget, before a local architect is proposed – in Elaine and Tom's case, Alistair Graham of Gillespie & Scott Architects. "Alistair came and viewed the site, and reckoned it was big enough for a three bedroom house," says Elaine.

#### A PLANNING NIGHTMARE

The couple were open to ideas, especially knowing the narrow site meant their design

"I wrote a letter to every single member of the planning committee," Elaine explains. "I knew they wouldn't read it if it was too long so I kept it to one bullet-pointed sheet of A4"

#### **HIGH POINT**

"The biggest high was coming back to site one day to find four walls and a roof where there had been nothing, and you had just been looking at a piece of paper for years."

would be constrained. They were also aware of potential issues with overlooking which needed to be addressed. The first design was an 'upside down' house to make the most of the river views. It was recommended by the planners for approval, and only two objections were submitted. The rules in Scotland dictate that if there are fewer than six complaints, the planning officer can proceed with the application.

However, on the final day for any objections there was a twist – the community council lodged an objection, meaning the application automatically went to committee and was refused (in January 2013). Elaine is philosophical: "On reflection, it was the wrong time for us to build, we were still working, and it was a







complicated and expensive project."

They went away to "lick their wounds," but they couldn't get the idea to build out of their minds. "Despite the stress of the first attempt, I just had this itch I wanted to scratch." By 2017, they had both retired, and decided to give it another go. With more time on her hands, Elaine was able to take greater control over the design and achieve a "complete change of plan" so that neighbours "couldn't possibly say it was overdeveloped, or not in keeping."

They worked with the same architect on the redesigned proposal, abandoning the upside down concept. Once again, the planners were happy but the same two neighbours complained, so Elaine decided to take matters into her own hands. "I wrote a letter to every single member of the planning committee," she explains. "I knew they wouldn't read it if it was too long so I kept it to one bullet-pointed sheet of A4."

Their earlier problems reappeared, with the community council lodging an objection on the final day, and again going to committee in January 2018. This time however, one councillor – holding Elaine's letter – put forward a motion for approval, meaning it went to a vote, approved by eight to six. "That personal touch seemed to make the difference."

#### HANDS ON

Tom and Elaine's main requirement for the house was for it to support their needs the rest of their lives; as opposed to their old house, which was "full of stairs." They consequently had a goal from the outset for the downstairs to contain a living room, kitchen, bedroom, and bathroom. They also didn't want the upstairs space to be wasted as a loft, so included further bedrooms and a bathroom, which they use currently.

Their only other specific 'ask' was for a sunny, triple aspect living room. "Other than that I was pretty open," Elaine says. Part of her previous

job role as an environmental health officer meant she saw a lot of people who ended up with unsuitable housing as their needs increased, so they also included wide doors throughout for a wheelchair if necessary in future. Another part of this 'futureproofing' was making it well insulated and easy to maintain, which meant forgoing dust-gathering radiators and opting for underfloor heating.

Because the couple were going to be handson with many aspects of the project, Tom wanted the building to be wind and watertight quickly, so they opted for a timber frame kit. They came across Scotframe at one of the Homebuilding & Renovating shows, and were impressed in particular by the company's closed panel system into which the insulation is injected, including in the roof cassette.

Before they could start work onsite, Tom's 6 x 11 metre garage had to be cleared and demolished – something of a sacrifice for him, admits Elaine, but the project became a higher priority than his hobby: "I think he became more interested in the challenge of building." The garage had already been connected to mains water and electricity – which was "one less hassle" to endure.

Tom had worked as a slater and roughcaster, so knew about working on sites, dabbling in various trades. While he did a lot of the physical work, Elaine took on the project manager role, as well as labouring wherever she could. While Tom had much of the practical experience required, Elaine's former job had involved working with architects so she understood a lot of the terminology, and knew how to decipher plans. "We made a good team," she says.

They began work in 2018, sorting out the garden – half of which would be for their current house and half for the new house. The work included filling in a large pond and removing around 100 tonnes of soil. By March 2019, they had cleared and demolished the garage, before

#### **LOW POINT**

"Getting a contractor in to make the sewage connection. He charged an arm and a leg, and we could've done it ourselves, but we were desperate by then!"

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beginning digging out for the groundworks and foundations in July. They did all this themselves, as well as wheelbarrowing in all the aggregate and sand – necessary because the narrow site meant they couldn't get the digger round the back of the site. "One of Tom's best purchases were car ramps so we could take the digger over the trenches dug for the foundations," says Elaine.

To save on cost, they bought the digger as well as the scaffolding (which Tom was able to erect himself) rather than hiring them. As a bonus, they sold them on for virtually the same as the purchase price at the end of the project.

The foundations were dug and the site was prepped, including the subfloor slab, by Christmas 2019. It was then a case of waiting for the Scotframe kit to arrive, which it did just in time – exactly three weeks before the first Covid lockdown in March 2020. "We weren't bored!" Elaine jokes. "We had everything we needed, and we just got stuck in; Tom knew a joiner, and we got a crane."

Although for the most part the build went smoothly, they encountered one problem with the frame when they discovered the main beam for the roof was 40 cm too short. Scotframe took care of it quickly, arranging for a new beam to be manufactured in Southampton – and ferried by lorry overnight.

They also faced an issue with how to deal with rainwater, when Scottish Water changed their policy right after they got planning, meaning discharging rainwater into a combined drain was no longer allowed. "After a lot of to-ing and fro-ing, we did eventually get consent so our rainwater was allowed to discharge into the combined sewer via a 10 mm opening," Elaine says. "But that almost sunk the entire project."

Saving on cost was the primary driver behind taking on the majority of work themselves. They were funding the build with their pensions and savings, on the basis they would replenish it when they sold their existing house. They had

While Tom did a lot of the physical work, Elaine took on the project manager role, as well as labouring wherever she could

a rough budget in mind, with some money put aside as a contingency.

Although looking to keep costs low, Elaine says they didn't skimp on important things. "We got good quality, low maintenance triple glazed windows and oak stairs," she says. "We spent money where we felt we needed to." They were also able to be cost effective; the kitchen is from IKEA, and they chose laminate flooring over the underfloor heating downstairs, with tiles in the bathrooms. By this point Elaine said she was struggling to make decisions, and figured laminate would be easier to replace if she changed her mind.

Where contractors were required, Elaine made sure she was onsite at all times supervising, and correcting if anything wasn't being approached correctly. One of her biggest tips is to not assume that the professionals always have the best solutions. One such example was the SuDS surface water attenuation tank, which the structural engineers had proposed to satisfy Scottish Water. It was huge, taking up almost the entire area to the front of the house. "I panicked every time I thought about it," she says.

Eventually, she spoke to Building Control who advised using more of the ground as a soakaway, meaning less attenuation tank. "I







realised then that the structural engineers had simply designed the system based on the architect's finished ground plan which was all paving and block, which we hadn't wanted in the first place," explains Elaine. "The architect hadn't realised the consequences of this design, and neither had we. So we removed virtually all the paving apart from a path and patio at the back, and used permeable materials for the driveway." This reduced the water run off by more than half, consequently also reducing the tank size and cost by over 50%. "The engineers had designed a system to suit the run off rather than considering how to rescue the run off first," Elaine says.

Another of her tips for other self-builders is to thoroughly think through the consequences of any decisions. As a pre-emptive attempt to placate the planners, they decided to put the house in a lower part of the site than they originally intended – but this meant when they came to connect to the main drains the pipe missed the original connection point. "Fortunately we managed to pick it up at the far corner of the plot, but it meant getting rid of a lot more soil, a lot of pipework to do, and finding somebody to do the sewer work," Elaine

explains. "That simple decision cost us probably about £5,000."

#### **SUSTAINABILITY**

Throughout the project, Elaine and Tom were conscious of being as sustainable as possible. As well as the timber frame, they reused all the material from the demolished garage, as well as buying second hand slate for the roof, and including whinstone they had excavated to build a retaining wall at the rear of the garden.

Elaine admits she struggled with other elements of energy efficiency and was initially conflicted when connecting to mains gas appeared the easiest option over anything else. As a slater, Tom was reluctant to put PV panels on their roof – but Elaine asserts: "I'm sure I'll win him over in the future!"

Following a "lot of research" and guidance from their plumbing and heating engineer, they decided to install an air source heat pump. At the time Elaine reckoned it could be more expensive to run as well as install, but that with such a well insulated house, they wouldn't need heating as often. "In the end, the difference between installing gas or the heat pump was covered by the renewable heat incentive, and







of course now it may even be fractionally cheaper than using gas, so I'm very pleased," she says.

#### **INTERIOR DESIGN & LAYOUT**

Downstairs the house has the triple aspect lounge at one end, with the kitchen/dining room at the other end next to the garden. There's also a small utility room, bedroom and Jack and Jill bathroom. Upstairs are two further bedrooms and a bathroom, an office, and a boiler room.

The couple wanted the house to be fairly simple and contemporary with clean lines, with Elaine drawing inspiration from self-build shows and magazines. Deciding what to bring from the old house was tough, Elaine admits, the two houses being of very different styles, but a lot of pieces she didn't want to part with. "I tried to blend old with new and I think it merged quite well."

Having been living in the house since April 2021, they love it. Highlighting her favourite feature, Elaine says the double height hallway "is the bit that everybody comes in and goes 'wow' at. They're not expecting it because the house

# Elaine admits she was initially conflicted, with connecting to mains gas appearing the easiest option

appears small from the outside – it's a bit like a Tardis."

Having created their 'forever home,' Elaine flatly refuses the idea of doing another one. "One is enough, it takes over your life," she says. They finally received their completion certificate in April this year, another high point after all of the challenges. "It was great to finally get it!" she says. "I still look at the house and can't believe we've managed to fit all this in. We're delighted."

#### ELAINE'S TOP TIPS

- You have to be realistic if you want to do something with a 'DIY' approach you have to have stamina, perseverance and the capacity for relentless hard work.
- Remember there's a solution to everything, you just have to find it.
- Think through the consequences of every decision you make.
- Don't always assume the professionals are always right.



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